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Celebrity Health Natasha Corrett Natasha is the author of three books: Honestly healthy, Honestly healthy for life and Honestly healthy cleanse.

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Honestly Healthy Cleanse by Natasha Corrett. 0; 11; Natasha Corrett is a professional cook and trained at the age of 16 at her father's French restaurant,

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Pizza is allowed: alkaline food by natasha corrett

Natasha Corrett runs her own company called Honestly Healthy. Teaming up with nutritionist Vicki Edgson, she has earned a reputation for amazing home-cooked meals

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Natasha Corrett suggests recipes for a taster of her alkaline diet plan, taken from her new book 'Honestly Healthy Cleanse'

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